



# MADE

## Minis

### Monday

1:00 - 1:30 pm  
**CIRCUITS**

1:30 - 2:00 pm  
**YOGA**

### Wednesday

1:45 - 2:15 pm  
**BOOTCAMP**





2:15 - 2:45 pm  
**YOGA**

### Friday

2:00 - 2:30 pm  
**CIRCUITS**

2:30 - 3:00 pm  
**FLEX & STRETCH**

### Class Key

-  **YOGA**
-  **DANCE FIT**
-  **FLEX & STRETCH**
-  **CIRCUITS & BOOTCAMP**

### Saturday

10:30 - 11:00 am  
**DANCE FIT**

3:00 - 3:30 am  
**CIRCUITS**

### Sunday

11:30 - 12:00 pm  
**BOOTCAMP**

12:00 - 12:30 pm  
**FLEX & STRETCH**

MADE Minis is a range of fun and engaging fitness & yoga classes that children can enjoy with their parents.  
Classes are suitable for children aged 4-13

HELLO@WELCOMETOMADE | WWW.WELCOMETOMADE.COM | 01782 969300  
\*REQUIRES ONE ADULT PER CHILD