



HEALTHY TREATS &
POSITIVE WELLBEING



FRESHLY MADE *smoothies & pots*

CALM - £4.50

CURB CRAVINGS AND REDUCE STRESS WITH MOOD LIFTING CACAO AND ESSENTIAL FATTY ACIDS. OUR CALMING CHOCOLATE MYLKSHAKE WITH COCONUT CREAM, CACAO, CHIA SEEDS AND SQUIRTY CREAM.

GLOW - £4.95

NOURISH YOUR SKIN & BODY FROM THE INSIDE WITH ANTIOXIDANTS, BERRIES AND NATURAL NUTRIENTS. OUR BERRY GRANOLA POT WITH ACAI SMOOTHIE, FLAX SEEDS, BLUEBERRIES & COCONUT YOGHURT.

RECOVER - £4.50

AID MUSCLE RECOVERY WITH OUR RICH, PROTEIN PACKED BUTTER-Y VANILLA SUPERSHAKE. OUR OWN THICK, COOL VANILLA PROTEIN SHAKE WITH WOWBUTTER & MAPLE SYRUP.

CLEANSE - £4.95

BOOSTING YOUR IMMUNE SYSTEM WITH NUTRITIOUS GREENS, VITAMIN C AND ANTIOXIDANTS. OUR POWERFUL GREEN SMOOTHIE WITH SPIRULINA, MANGO, BANANA & ALMOND MILK.

CHARGE - £4.50

SUPERCHARGE YOUR ENERGY LEVELS WITH SCHUNKY OATS, SUPERFOOD BAOBAB AND SWEET MANGO. OUR TROPICAL OAT POT WITH LAYERS OF COCONUT, MANGO SMOOTHIE, BAOBAB AND GLUTEN FREE OATS.

ALL OF OUR SMOOTHIES & POTS ARE VEGAN

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MADE DRINKS

hot drinks

Teapigs Tea £3.00

Espresso £2.00

Americano £3.00

Flat White £3.20

Cappuccino / Latté £3.50

Specialist Lattés £4.00

Matcha, Turmeric, Chai (spiced or vanilla)

Raw Hot Chocolate £4.00

(Choice of milk; semi-skimmed, coconut, almond, oat)

Add vegan whipped coconut cream to your hot drink for no extra charge



OUR SUSTAINABLE PROMISE TO YOU:

ALL OF OUR DRINKS ARE SERVED IN RECYCLABLE CUPS THAT ARE 100% MADE FROM PLANTS, NOT OIL-BASED PLASTICS.

ALL OF OUR STRAWS, LIDS & SPOONS ARE ALSO SUSTAINABLY SOURCED AND CAN BE EASILY RECYCLED.

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